

# INSTRUCTIONS TO AUTHORS

Authors should consult the journal's instructions to authors before submitting their manuscripts. The manuscripts should be emailed on journal's address in the form of one document with tables and figures embedded in the text. The full manuscript has to be submitted online via email at [pjmd@zu.edu.pk](mailto:pjmd@zu.edu.pk) and <http://ojs.zu.edu.pk/ojs/index.php/pjmd>

**PREPARATION OF MANUSCRIPTS:** Manuscript should be typed in times roman font size 12, using double spacing throughout, including the title page, abstract, text, references, individual tables, and legends. This is a quick guidance to authors instruction, for detail information of declarations, acknowledgments, author's contribution, ethical approval visit our website <https://pjmd.zu.edu.pk/instructions-to-authors/>

**PLAGIARISM:** In order to have checks and balances against unethical practices, the Higher Education Commission of Pakistan has developed a Plagiarism Policy which is applicable to all the Higher Educational Institutions of the country. Ziauddin University is a strong proponent of academic integrity and intellectual honesty. The Plagiarism Policy of HEC is strictly applied in all the academic concerns of the university including PJMD. The policy should be adhered to when preparing a manuscript of original work to be submitted to the PJMD. A covering letter should also be provided, certifying that the content of the manuscript is not plagiarized.

**COVER LETTER:** A cover letter that includes the information:

- An explanation of why your manuscript should be published in Pakistan Journal of Medicine and Dentistry.
- An explanation of any issues relating to journal policies.
- Confirmation that all authors have approved the manuscript for submission.
- Confirmation that the content of the manuscript has not been published, or submitted for publication elsewhere.

**TITLE PAGE:** The title page should carry

1. The title of the article (not more than 10 words)
2. The name of each author, with designation
3. The name of the department(s) and institution(s) to which the work should be attributed
4. The name and office address with email of the corresponding author.
5. Source(s) of support in the form of grants, equipment, drugs, or all of these.
6. A short running head or foot line of no more than 40 characters.

**AUTHORSHIP:** Should only be given to those who have participated sufficiently in the work to take public responsibility for the content. The contribution of each author must be described in detail.

**ORIGINAL ARTICLE:** An original article should have minimum word limit of about 2000 words with two tables and two figures supported by 30 references.

**ABSTRACT AND KEYWORDS:** A structured abstract of 250 words is required for original articles while other types of articles require unstructured abstracts of 150 words each. The content of the abstract should be structured under the headings of Background (which should include the Objective), Methods, Results and Conclusion with 3 to 10 relevant keywords from the Medical Subject Headings (MeSH).

**INTRODUCTION:** The introduction should provide the background and the rationale, along with brief literature review on the topic. The section should highlight the purpose of the article using only strictly pertinent references.

**METHODS:** In this section, the sampling procedure for the research should be described (patients or laboratory animals, including controls). The age, sex and other important characteristics should be clearly defined with name of ethical review committee of your organization who has reviewed the manuscript. The methods should be written with references, apparatus (the manufacturer's name and address in parentheses), and procedures in sufficient detail to allow others workers to repeat the procedure. In addition, the statistical methods used to analyze them should also be specified.

**RESULTS:** Important observations and findings should be highlighted. The data in this section can take the form of text, tables, and illustrations, all of which should be organized and presented in a logical sequence.

**DISCUSSION:** In this section only the new and important aspects of study should be highlighted. Repetition and redundancy of data should be avoided and references given in the Introduction should not be repeated. The inferences of findings and their limitations, including implications for future research should be discussed with references from latest relevant studies.

**CONCLUSION:** The conclusion should be matched with the objectives of the study and unqualified statements should be.

**ACKNOWLEDGEMENTS:** All participants who do not justify authorship should be acknowledged for their contributions. Such participants can take the form of departmental chair, technical help, financial and material support, data collection, scientific.

**REFERENCES:** All work cited and researched should referred to in the Vancouver referencing style. A minimum of 25 references should be cited.

**REVIEW ARTICLE:** A review should have unstructured Abstract (200 words), an introduction (200 words), and Discussion (up to 2000 words), with 40 to 60 references.

**SHORT COMMUNICATION AND COMMENTARY:** Short Communications or commentaries should have unstructured Abstract (150 words), and general text (1500 words) with 20 references.

**CASE REPORTS:** The structure of the case report should include an Abstract (150 words), an Introduction (100 words), a Case Report section (500 words) and Discussion (1000 words), with 10 references.

**STUDENT CORNER:** Students contributions of CHS research based on KAP study is also accepted. The general format of the Original Article should be followed 1000 to 1500 words of content.

**LETTERS TO EDITORS:** Letters to Editors should be concise and not exceed 400 words with a maximum of 5 references.